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MAMCD MISSION

The Maryland Association for Multicultural Counseling and Development (MAMCD) is devoted to promoting a greater understanding of culture and ethnicity to the counseling profession, while at the same time, improving on the clinical interventions for improving on the standards and practices of multicultural counseling.

A Message from the President

Happy New Year!!

As we look back on what MAMCD has done in 2018 there was such accomplished and we plan to keep up the momentum in 2019. For instance, In October 2018, Hood College sponsored MAMCD’s fall workshop. This workshop provided information to graduate students, new and experienced professionals interested in starting or maintaining private practice. In April 2019, Johns Hopkins will sponsor MAMCD’s conference focusing on the cultural aspects of mental illness for African-Americans. The conference will have a poster session to offer students, professionals and division members the opportunity to present. This is just another way that MAMCD can encourage professional development. In addition, our membership is thriving, the committee chairs are active, a newsletter was created to keep members informed, and enthusiastic volunteers are ready to assist. As president, I cannot be prouder of the division.

As MAMCD moves forward, the board will continue to bring opportunities for members and professionals to increase clinical skills, as well as members of the community, to gain valuable knowledge. For instance, in February 2019, the division will host a workshop on Postpartum Depression and welcome guest speakers from Johns Hopkins Women’s Mood Disorder Clinic. They are excited about joining us for an informative event! When I took office, my vision for MAMCD was to reach a broader audience (i.e., community-based agencies and their consumers) by becoming more innovative and we are well on our way.

Finally, as 2018-2019 president, it was important for me to increase MAMCD’s membership, to collaborate with other Maryland Counseling Association (MCA) divisions, universities and community agencies, but most importantly, my term is about providing members with excellent and informative trainings. The division will continue to highlight cultural issues for future counseling professionals as well as those already in practice and will seek creative ways to meet this goal. I want to thank every member for your continued support. You should be proud to be a member of MAMCD. I cannot express how important you are. Please give your feedback because I want to hear from you. You are the reason the board works so hard. Send your comments, questions or suggestions to MLChaney@stu.argosy.edu.

Warmly,
Michelle L Chaney, MA., LCPC, CAC-AD
Motivational Interviewing to Help People Change
January 14, 1-4:15 pm
3 CE Credits
Joanne Taylor, PhD

Effective Parenting Strategies for Play Therapists and Others
January 26, 8:30 am to 4:30 pm
6 CE Credits
Sonia Hinds, APRN, PMH-BC, RPT-S

History, Theory and Foundations of Play Therapy
January 31, 8:30 am - 4:30 pm
6 CE Credits
Arti Kumar-Mani, M.Ed, MA

Visit www.cbpseminars.org or call 240-535-1433

Thank you for taking the time to consider submitting a research poster proposal.

2019 Conference theme:
African-Americans and Mental Illness in a cultural context

Below, you will find directions for the proposal submissions. Also, provided below are the deadline that proposals are due and where to submit all proposals.

RESEARCH PROPOSALS:
Use the following format to head your proposal:

Presenter(s) name: __________
Contact Information: __________
Title/Position/Academic level: __________
College/University associated with: __________
Title of research poster: __________

Description of proposal that is not to exceed 1000 words (importance and background of topic, supporting research, summary of content that includes objectives and target audience).

Be sure to review all proposals before submitting. Below is a checklist that may be used to assure a successful proposal review:

- Name(s)
- Contact information (email address and phone number)
- Title/Position/Academic level
- College/Univ. associated with
- Title of research poster

Research description
- Importance
- Background

Supporting research
- Summary of content
- Objectives
- Target audience

Submission Details:
Deadline for proposals: March 25, 2019.
Email to: astills68@gmail.com
Hello readers,

Did you know there are ethics in all professions, specifically the counseling profession? Did you also know that there are a multitude of specializations within the mental health field? In the discipline of counseling psychology, there are many specialties. Regardless of the area of counseling psychology that clinicians practice there are ethical guidelines to be followed and professional expectations to be upheld. It is important to know the different counseling associations as the ethical codes will vary.

Some of the organizations are as follows:

1. American Association for Marriage and Family Therapy
2. American Counseling Association
3. American Mental Health Counselors Association
4. American Psychological Association
5. American School Counselor Association
6. Association for Counselor Education and Supervision
7. Association for the Specialists in Group Work
8. Canadian Counseling Association
9. Commission on Rehabilitation Counselor Certification
10. International Association of Marriage and Family Counselors
11. National Association of Social Workers
12. National Board for Certified Counselors

As you can see, there is an array of specialties within the discipline of counseling psychology. In the next newsletter, The Ethics Corner will provide some of the common codes of ethics from the various counseling psychology associations. Part of the Maryland Association for Multicultural Counseling and Development division (MAMCD) mission is to improve standards and practices of multicultural counseling. Thus, ethical codes concerning cultural diversity are important to practice, as they are the foundations of which counseling is based. A large part of all mental health is geared toward being culturally competent, and therefore having to be versed in ethical practices as they relate to cultural diversity.

I invite you to stay tuned for future editions of The Ethics Corner.

Ta-Keisha Smith, M.A., RBT
M.A. Forensic Psychology/M.A. Clinical Psychology
Clinical Psy.D. student, The Chicago School of Professional Psychology
2018-2019 Chair of the Ethics Committee MAMCD

“Whether you think you can or you can’t, either way you are right.” ~ Henry Ford
MAMCD 2019 Spring workshop
Postpartum Depression:
Effective treatment strategies for helping women during and after pregnancy

MAMCD has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 2021. Programs that do not qualify for NBCC credit are clearly identified. MAMCD is solely responsible for all aspects of the program.

Registration Fees:
Students: $30.00
Professionals: $45.00

OBJECTIVES

• Recognize epidemiological aspects of postpartum depression as it relates to clinical treatment

• Develop an assessment plan to effectively identify client history of postpartum depression

• Provide resources to improve your clients access to appropriate services

• Teach clients in session the negative effects of maternal depression

Target Audience:
Professional Counselors, Counselor Educators, Marriage and Family Therapists, Psychologists, Addiction Counselors, Psychotherapists, Social Workers, Other Mental Health Professionals.

PLACE:
Bowie State University
Proctor Bldg Auditorium
14000 Jericho Pk Rd Bowie, MD 20715

REGISTRATION:
WWW.EVENTBRITE.COM

SCHEDULE:
Date: February 9th, 2019
Time: 8:30am registration & sign in
9:00am Workshop begins
1:00pm Workshop ends

FOR MORE INFORMATION CONTACT:
Michelle Chaney: ML4Chaney@gmail.com
Mikyala Akers: m_akers@Hotmail.com
### MAMCD BOARD MEMBERS

<table>
<thead>
<tr>
<th>Position</th>
<th>Name</th>
<th>Email</th>
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<tbody>
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<td>President</td>
<td>Michelle L. Chaney</td>
<td><a href="mailto:ml4chaney@gmail.com">ml4chaney@gmail.com</a></td>
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<tr>
<td>President-Elect</td>
<td>Mikyala Akers</td>
<td><a href="mailto:m_akers@hotmail.com">m_akers@hotmail.com</a></td>
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<td>Immediate Past President</td>
<td>Tonya Mackin</td>
<td><a href="mailto:Tonya.mackin@gmail.com">Tonya.mackin@gmail.com</a></td>
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<td>Recording Secretary</td>
<td>Leslie Holley</td>
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<tr>
<td>Treasurer &amp; Founder</td>
<td>Dr. Aaron Stills</td>
<td><a href="mailto:astills68@gmail.com">astills68@gmail.com</a></td>
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### MAMCD CHAIRS

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<tr>
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<th>Chair</th>
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<tbody>
<tr>
<td>Advocacy Chair</td>
<td>Linda Bell</td>
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<td>Awards Committee</td>
<td>Aaron Stills &amp; Sherritta Hughes</td>
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<td>Ethics Chair</td>
<td>Ta-Keisha Smith</td>
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<td>Emerging Leaders</td>
<td>Adrienne Vyfhuis</td>
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<td>Program Planning</td>
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<td>Ebonie Hawkins</td>
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<tr>
<td>Webmaster</td>
<td>Michelle Chaney</td>
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### MAMCD POSITIONS AVAILABLE

1. Policy Committee
2. Nomination and Elections Committee
3. Archives Committee
4. By-Laws Committee
5. Human Rights Committee
6. Government Relations Committee
7. Clock Hours Committee

### Join MAMCD on the Maryland Counseling Association (MCA) Website

http://mca14.wildapricot.org/