

MAMCD

Newsletter 2018-2019

MARYLAND ASSOCIATION FOR MULTICULTURAL COUNSELING AND DEVELOPMENT



April 1, 2019

Leilani Fryauff, MAMCD Editor 2018-2019

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MAMCD MISSION

The Maryland Association for Multicultural Counseling and Development (MAMCD) is devoted to promoting a greater understanding of culture and ethnicity to the counseling profession, while at the same time, improving on the clinical interventions for improving on the standards and practices of multicultural counseling.

A Message from the President

As we look back on what MAMCD has done in 2018 there was much accomplished, and we plan to keep up the momentum in 2019.

For instance, In October 2018, Hood College sponsored our fall workshop. This workshop provided information to graduate students, new and experienced professionals interested in starting or maintaining private practice.

This month, Johns Hopkins is sponsoring our spring 2019 conference, focusing on the cultural aspects of mental illness for African-Americans. The conference will have a poster session to offer students, professionals and division members the opportunity to present. This is just another way that MAMCD encourages professional development. In addition, our membership is thriving, the committee chairs are active, our quarterly newsletter keeps members informed, and enthusiastic, volunteers are ready to assist. As president, I cannot be prouder of the division.

As MAMCD moves forward, the board will continue to bring opportunities for members and professionals to increase clinical skills, as well as offer members of the community the chance to gain valuable knowledge. For instance, in February (2019), the division hosted a workshop on Postpartum Depression. Some of the experts came from Johns Hopkins Women's Mood Disorder Clinic. They were excited about joining us for an informative event! When I took office, my vision for MAMCD was to reach a broader audience (i.e., community-based agencies and their consumers) by becoming more innovative and we have just about accomplished this goal. Finally, as 2018-2019 president, it was important for me to increase MAMCD's membership, to collaborate with other Maryland Counseling Association (MCA) divisions, universities and community agencies, but most importantly, my term is about providing members with excellent and informative trainings. The division was diligent in highlighting cultural issues for future counseling professionals as well as those already in practice and will continue to seek out creative ways to fulfill this goal. I want to thank every member for their continued support. You should be proud to be a member of MAMCD. I cannot express how important you are. Please give your feedback. I want to hear from you because you are the reason the board works so hard.

Send your comments, questions or suggestions to MAMCD.Board@gmail.com
Warmly, Michelle L Chaney, LCPC, CAC-ADS
MAMCD President (2018-2019).

What's Happening in 2019

Helping Clients Improve Their Sleep: An Intro to Cognitive Behavioral Therapy for Insomnia

Thursday, April 25th, 9:00 am - 4:00 pm

MCEA Conference Center in Rockville

6 CEU Credits

Beyond Painkillers: Cognitive Behavioral Therapy (CBT) for Chronic Pain

Thursday, May 16th, 9:45 am - 4:45 pm

Maryland City at Russett Community Library in Laurel

6 CEU Credits

2-Day Intensive Dialectical Behavioral Therapy Conference: Effective Core Skills for Clinicians

Thursday & Friday June 13th & 14th, 9:00 am -5:00 pm

MCEA Conference Center in Rockville

14 CEU Credits

Tele-Mental Health Symposium: Laws Ethic Technology and Practice Implications for Therapists

Thursday & Friday June 13th & 14th, 9:00 am -5:00 pm

MCEA Conference Center in Rockville

6 CEU Credits (3 Ethics & 3 Standard)

Visit marylandceu.com or call 301-539-9355

Spotlight on MAMCD Recording Secretary



Atiya R. Smith is a Licensed Clinical Professional Counselor (LCPC) and doctoral candidate finishing up a degree in Counselor Education and Supervision from the University of Rochester. Currently, she is an assistant professor in the Department of Psychology and Counseling at Hood College and works with graduate students in the Counseling master's program. Her counseling experience includes work in K-12 settings, university counseling centers, and outpatient clinics. Her professional experience includes providing executive functioning coaching, academic coaching, and additional support to children, teenagers, and college students with Autism Spectrum Disorder, ADHD, and Specific Learning Disabilities.

Don't Forget Your Resources in the Community

Mental Health America (MHA)

"Mental Health America (MHA) - founded in 1909 - is the nation's leading community-based nonprofit dedicated to addressing the needs of those living with mental illness and to promoting the overall mental health of all Americans. Our work is driven by our commitment to promote mental health as a critical part of overall wellness, including prevention services for all; early identification and intervention for those at risk; integrated care, services, and supports for those who need it; with recovery as the goal."

<http://www.mentalhealthamerica.net>

National Institute of Mental Health (NIMH)

"The National Institute of Mental Health (NIMH) is the lead federal agency for research on mental disorders. NIMH is one of the 27 Institutes and Centers that make up the National Institutes of Health (NIH), the largest biomedical research agency in the world. NIH is part of the U.S. Department of Health and Human Services (HHS). NIMH envisions a world in which mental illnesses are prevented and cured. To transform the understanding and treatment of mental illnesses through basic and clinical research, paving the way for prevention, recovery, and cure."

www.nimh.nih.gov

National Alliance on Mental Illness (NAMI)

"NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. What started as a small group of families gathered around a kitchen table in 1979 has blossomed into the nation's leading voice on mental health. Today, we are an association of more than 500 local affiliates who work in your community to raise awareness and provide support and education that was not previously available to those in need."

www.nami.org

MAMCD New President-Elect



Leslie Holley is a Licensed Clinical Professional Counselor (LCPC - MD, IL) (LPC - MO, DC, VA) who earned her Masters in Community Counseling from DePaul University where she also taught Career Counseling and Supervision to graduate students, as an adjunct professor. Currently, she spends her time counseling college students at The George Washington University and working with clients at her private practice in downtown Silver Spring, MD.

Registration Fees:
Students: \$45.00
Professionals: 80.00
5 Clock Hours

MAMCD 2019 Spring Conference

Bowie State University – April 13th, 2019

Straight Talk: Cultural Perspective on Mental Illness for African-Americans

MAMCD has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 2021. Programs that do not qualify for NBCC credit are clearly identified. MAMCD is solely responsible for all aspects of the programs.



Objectives:

Participants attending this conference will be able to:

1. Implement treatment interventions culturally appropriate for improving client outcomes.
2. Describe how stigma becomes a obstacle to treatment and identify ways to employ techniques to confront this obstacle.
3. Consider clinical implications of Mental Illnesses for the African-American client.
4. Describe how the information in this conference can be utilized to improve client care and client outcome.

SCHEDULE:

Date: April 13th, 2019

PLACE:

14000 Jericho Prk
Bowie State University
Bowie Maryland, 20715

TIME:

8:30am registration & sign in
9:00am Conference begins
12:00pm Lunch
3:30pm Workshop ends

Key Note Speaker:

Kevin Dedner
Founder and CEO of Henry-Health

For more information contact:

Michelle Chaney: ML4Chaney@gmail.com

TO REGISTER VISIT:

<https://www.eventbrite.com/e/straight-talk-cultural-perspective-on-mental-illness-for-african-americans-tickets-56441692622>

What all clinicians need to know about the African-American client.

Target Audience:

Professional Counselors, Counselor Educators, Marriage and Family Therapists, Psychologists, Addiction Counselors, Psychotherapists, Social Workers, Other Mental Health Professionals. Family members, loved one, those who are concerned and want to know more.

MAMCD Awards Program

The MAMCD Awards Program is scheduled for Saturday, June 8, 2019 at 1:00pm, Ballroom, at Bowie State University. The highlight of this event will be the announcement of the first recipients of the Dr. Carl S. Barham Lifetime Achievement Award, The Dr. Clemmie Solomon Professional Development Award, The Dr. Rita L. Robinson Multicultural Counseling Award, and The Dr. Aaron B. Stills Graduate Scholarship Award will be introduced and honored. These awards are named in honor of the founding officers and individuals who have made life-long contributions to the profession of multicultural counseling in the State of Maryland. Also, the MAMCD Executive Board and Committee members will be honored.

Contact Dr. Aaron B. Stills, astills68@gmail.com to RSVP by June 1, 2019.

MAMCD Incorporated as an LLC

The Maryland Association for Multicultural Counseling and Development (MAMCD) has been incorporated in the State of Maryland as a Limited Liability Corporation (LLC). This legal status allows MAMCD to establish its own policies as a business entity, but not exclusive of the Maryland Counseling Association. MAMCD remains a State division of MCA. Also, the LLC allows MAMCD to create a leadership structure that works best for the organization. The MCA and MAMCD articles of organization will continue to be the primary agreement between the two organizations. The MAMCD Executive Board, chaired by Michele Chaney, look forward to future discussion with the MCA Executive Board regarding the operating agreement relating to this new status.

For additional information, please contact Dr. Aaron B. Stills at astills68@gmail.com.

HOPEFUL COUNSELING, LLC

INDEPENDENT LICENSED MENTAL HEALTH THERAPIST

BACKGROUND:

Hopeful Counseling, LLC is seeking an independent licensed mental health clinician to join our growing team! We are looking to hire a clinician who is a self-starter and highly motivated to learn and continue to sharpen their clinical skills! At Hopeful Counseling, LLC, you are able to create your own schedule and independently manage your caseload. You will complete your paperwork in our electronic health record system, as we manage the billing process through invoicing each week. We will oversee the process of credentialing with insurance panels (upon request).

JOB OVERVIEW & DUTIES:

As part of our network of independent licensed therapists, you will be required to:

- Provide clinical assessments, render/confirm diagnoses, and determine additional treatments to agency referrals (as needed);
- Arrange assessments and other sessions in line with availability of other required personnel and office space;
- Conduct individual and family therapy, within the scope of your expertise
- Organize your own schedule and set appointments with clients based on agency referrals; and
- Maintain a caseload of a minimum of at least 5 clients every week.

You will be working as an independent contractor and carry your own liability insurance. The expected salary range for this position depends on work productivity (details are outlined within the contractor's agreement) with no additional benefits.

ADDITIONAL DETAILS & REQUIREMENTS:

- You must be a licensed clinician (LGPC, LGSW, LCPC, LCSW-C, or LCMFT).
- For graduate counselors and/or social workers(LGPCs & LGSWs), weekly or bi-monthly supervision will be offered in support of securing full licensure at no cost.
- You must be able to complete your CAQH application and obtain a NPI number.
- You must be willing to work independently and demonstrate the ability to do so.

HOW TO APPLY:

To apply for this position, please send your resume to Dr. Lenese Stephens at DrStephens@hopefulcounseling.org.

MAMCD BOARD MEMBERS

President
Michelle L. Chaney
MI4chaney@gmail.com

President-Elect
Mikyala Akers
m_akers@hotmail.com

Immediate Past President
Tonya Mackin
Tonya.mackin@gmail.com

Parliamentarian
Kevin Jackson
Drkjackson.pc@gmail.com

Treasurer & Founder
Dr. Aaron Stills
astills68@gmail.com

Recording Secretary
Leslie Holley
lholley@healing-circle.org

MAMCD CHAIRS

Advocacy Chair: Linda Bell
Awards Committee: Aaron Stills & Sherritta Hughes
Ethics Chair: Ta-Keisha Smith
Emerging Leaders: Adrienne Vyfhuis

Newsletter: Leilani Fryauff
Program Planning: Lenese Stephens
Social Media: Gloria Mensah
Volunteer: Ebonie Hawkins
Webmaster: Michelle Chaney

Membership Committee: Atiya Smith

MAMCD POSITIONS AVAILABLE

- i. Policy Committee
- ii. Nomination and Elections Committee
- iii. Archives Committee
- iv. By-Laws committee
- v. Human Rights Committee
- vi. Government Relations Committee
- vii. Clock Hours Committee

**Join MAMCD on the Maryland Counseling
Association (MCA) Website**

<http://mca14.wildapricot.org/>