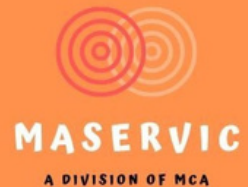


# OCTOBER LEARNING CIRCLE



**MASERVIC is proud to present  
a new monthly series to provide  
professional development workshops.**



## Using Tai Chi Forms in Private Practice

**Facilitated by Dr. Elizabeth Nyang, LCPC  
President, MASERVIC and  
Mike Basdavanos, Medical Qigong Therapist, Dpl  
in Asian Bodywork Therapy, NCCAOM, CAOBT,**

**Join us for an experiential and interactive learning session on using Tai Chi forms to help clients learn how to lessen symptoms of depression, anxiety and stress. Additional discussion on the connection between Tai Chi and Spirituality. These techniques are best used in client populations with substance use disorders as well as mood disorders.**

**At the completion of this webinar, attendees will be able to 1) Describe the similarities and differences between spirituality and religion 2) Model Tai Chi forms as a spiritual intervention technique to decrease symptoms and 3) Apply Tai Chi forms in private practice.**

**Dr. Elizabeth Nyang, LCPC has over 14 years experience as a therapist working with clients on issues with stress, anxiety, depression, life transitions and substance use. She has over 12 years experience in Tai Chi and is a licensed Tai Chi instructor. Dr. Nyang has presented workshops for PESI on how to integrate Tai Chi into private practice. She is a past-president of the Maryland Counseling Association and current President of the MASERVIC Division.**

**Register At: <https://www.mdccounseling.org/event-4941637>**

**1 NBCC Clock Hour**

**MCA Students \$5**

**MCA Prof/Life Members \$10**

**MCA Non-Members \$15**

**MASERVIC Members FREE**

**October 3, 2022 12-1pm EST,  
live via Zoom**

Maryland Counseling Association, Inc.  
915 Russell Ave, Suite B  
Gaithersburg, MD 20879  
Phone: 240-401-8686  
Email: [Events@MDCounseling.org](mailto:Events@MDCounseling.org)



**The Maryland Counseling Association, Inc. has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 2021. Programs that do not qualify for NBCC credit are clearly identified. Maryland Counseling Association is solely responsible for all aspects of the programs.**

**Refund Policy: As a 501(c)(3) non profit organization, the Maryland Counseling Association, Inc. uses all the funds to support the mission, vision, purpose and needs for counselors in the State of Maryland. Therefore, all registration fees are final and non-refundable.**